

COOL CENTERS



Cool Centers are public facilities that are open to the community for the purpose of seeking temporary relief from excessive heat.

The City of Riverside coordinates Cool Centers to provide drop-in sites for vulnerable individuals, seniors, the disabled, and others in need of temporary relief from the heat. Cool Centers are made available to the public when an "Excessive Heat Warning" is issued by the National Weather Service for our area. Residents are encouraged to observe safe summer activities during the warm summer months and to listen or watch for "Excessive Heat Warnings" on radio, television, and local newspaper.

Effective 06/02/2016

SENIOR CENTERS

<p><u>Janet Goeske Senior Center</u> 5257 Sierra Street Tel: 951.351.8800 Monday-Friday 7:00am - 9:00pm Saturday 9:00am - 5:00pm Sunday 1:00pm - 5:00pm "Seniors Only"</p>	<p><u>Dales Senior Center</u> 3936 Chestnut Street Tel: 951.826.5303 Monday-Friday 9:00am - 6:00pm Saturday-Sunday Closed "Seniors Only"</p>	<p><u>La Sierra Senior Center</u> La Sierra Park 5215 La Sierra Avenue Tel: 951.351.6435 Monday-Friday 9:00am - 6:00pm Saturday-Sunday Closed "Seniors Only"</p>
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COMMUNITY CENTERS

<p><u>Arlanza Community Center</u> Bryant Park 7950 Philbin Avenue Tel: 951.351.6135 Monday- Thursday 8:00am - 9:00pm Friday 8:00am-6:00pm</p>	<p><u>Cesar Chavez Community Center</u> Bobby Bonds Park 2060 University Avenue Tel: 951.826.5746 Monday-Friday 8:00am - 5:00pm</p>	<p><u>Joyce Jackson Community Center</u> Nichols Park 5505 Dewey Avenue Tel: 951.351.6130 Monday-Thursday 3:00pm - 9:00pm Friday 3:00pm - 6:00pm</p>
<p><u>La Sierra Community Center</u> La Sierra Park 5215 La Sierra Avenue Tel: 951.351.6131 Monday- Thursday 3:00pm - 9:00pm Friday 3:00pm – 6:00pm</p>	<p><u>Orange Terrace Community Center</u> Orange Terrace Park 20010 Orange Terrace Parkway Tel: 951.826.5858 Monday-Thursday 9:00am - 9:00pm Friday 9:00am - 6:00pm</p>	<p><u>Renck Community Center</u> Hunt Park 4015 Jackson Street Tel: 951.351.6132 Monday-Thursday 3:00pm - 9:00pm Friday 3:00pm - 6:00pm</p>
<p><u>Ruth Lewis Community Center</u> Reid Park 701 N. Orange Street Tel: 951.826.5654 Monday-Thursday 3:00pm - 9:00pm Friday 3:00pm - 6:00pm</p>	<p><u>Stratton Community Center</u> Bordwell Park 2008 Martin Luther King Tel: 951.826.5355 Monday-Thursday 9:00am - 9:00pm Friday 9:00am - 6:00pm</p>	<p><u>Ysmael Villegas Community Center</u> Villegas Park 3091 Esperanza Street Tel: 951.351.6142 Monday – Thursday 9:00am – 9:00pm Friday 9:00am – 6:00pm</p>

LIBRARIES

<p><u>Arlington Library</u> 9556 Magnolia Avenue Tel: 951.826.2291 Monday-Thursday 11:00 - 7:00pm Friday-Saturday 10:00am - 6:00pm</p>	<p><u>Arlanza Library</u> 8267 Philbin Avenue Tel: 951.826.2217 Monday-Thursday 11:00am - 7:00pm Friday-Saturday 10:00am - 6:00pm</p>	<p><u>Casa Blanca Library</u> 2985 Madison Street Tel: 951.826.2120 Monday-Thursday 11:00am - 7:00pm Friday-Saturday 10:00am - 6:00pm</p>
<p><u>Eastside Library</u> 4033-C Chicago Avenue Tel: 951.826.2235 Monday-Thursday 11:00am - 7:00pm Friday-Saturday 10:00am - 6:00pm</p>	<p><u>La Sierra Library</u> 4600 La Sierra Avenue Tel: 951.826.2461 Monday-Thursday 11:00am-7:00pm Friday-Saturday 10:00am - 6:00pm Sunday 12:00pm - 5:00pm</p>	<p><u>Main Library</u> 3581 Mission Inn Avenue Tel: 951.826.5201 Monday-Wednesday 11:00am - 7:00pm Thursday 11:00am - 9:00pm Friday-Saturday 10:00am - 6:00pm Sunday 12:00pm - 5:00pm</p>

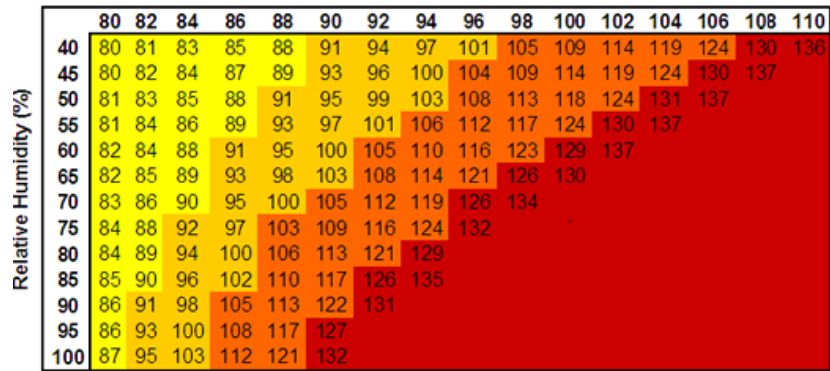
Marcy Library 6927 Magnolia Avenue Tel: 951.826-2078 Monday-Saturday 10:00am - 6:00pm	Orange Terrace Library 20010-B Orange Terrace Parkway Tel: 951.826.2184 Monday-Thursday 11:00am - 7:00pm Friday-Saturday 10:00am - 6:00pm	
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An **EXCESSIVE HEAT WARNING** is issued when the heat index or real feel temperature is expected to reach 110 degrees or more in our area.

NOAA's National Weather Service

Heat Index

Temperature (°F)



Likelihood of Heat Disorders with Prolonged Exposure or Strenuous Activity

- Caution
- Extreme Caution
- Danger
- Extreme Danger

Sources of Weather Information:

- <http://www.wrh.noaa.gov/sqx/>
- <http://www.wunderground.com/US/CA/Riverside.html>
- <http://weathercurrents.com/presidentialpark/>
- 1-858-675-8700 (recorded weather information)

Sources of Heat Safety Information:

- <http://www.nws.noaa.gov/om/heat/index.shtml>
- <http://www.cdc.gov/niosh/topics/heatstress/>
- <http://emergency.cdc.gov/disasters/extremeheat/heattips.asp>

Extreme Heat Quick Tips:

- Drink plenty of fluids (nonalcoholic)
- Avoid liquids that contain alcohol or large amounts of sugar
- Stay indoors and, if at all possible, stay in an air-conditioned place
- Wear lightweight, light-colored, loose-fitting clothing

- Limit your outdoor activity to morning and evening hours
- Rest often and in shady areas
- Wear a wide-brimmed hat
- Check on adults who are at risk at least twice a day
- NEVER leave anyone in a closed, parked vehicle

County Cool Centers: The County of Riverside offers Cool Centers throughout the County. To locate a County Cool Center, visit: <http://www.capriverside.org>.

City of Riverside Fire Department
Office of Emergency Management
951.320.8100

<http://www.ReadyRiverside.com>